

520-hour Certified Massage Therapist Program includes:

[Anatomy II](#)

[Physiology](#)

[Pathology](#)

[Ethics/Business](#)

Craniosacral Therapy

[Evaluation/Treatment of Pelvic Girdle](#)

[Evaluation/Treatment of Pectoral Girdle](#)

Chair Massage

Clinic

[250-Hour Foundation Course](#)

250 hour Therapeutic Massage Foundation course includes:

Oil Massage:

- Swedish Massage
- Rocking Sequences
- Deep Tissue Massage

Non-oil:

- [Acupressure](#)
- Reflexology
- [Polarity Therapy](#)

Introduction to:

- [Anatomy](#)
- [Physiology](#)
- [Pathology](#)
- Contra Indications
- [Ethics](#)
- Business Practices
- Counseling Skills

Individual courses offered at Cypress Health Institute:

[Acupressure/Tui Na](#)

* [Anatomy](#)

[Ayurvedic Massage](#)

Chair Massage

[Chi Nei Tsang](#)

[Chinese Medical Theory](#)

* Contra Indications

* [Ethics](#)

[Integral Massage](#)

[Medical Qi Gong](#)

Mindful Massage

[Trigger Point Sound Therapy/Neuromuscular Therapy](#)

[Orthopedic Evaluation](#)

[and Release of Hip and
Shoulder](#)

* [Pathology](#)

* [Physiology](#)

[Polarity Therapy](#)

[Reiki](#)

[Shiatsu Massage](#)

[Sound Healing](#)

[Thai Massage](#)

* Required for certification

Cost and times for individual courses vary. See our classes and calendar tabs for more information.
